

REHA UKRAINE

War creates a physical and psychological rehabilitation crisis

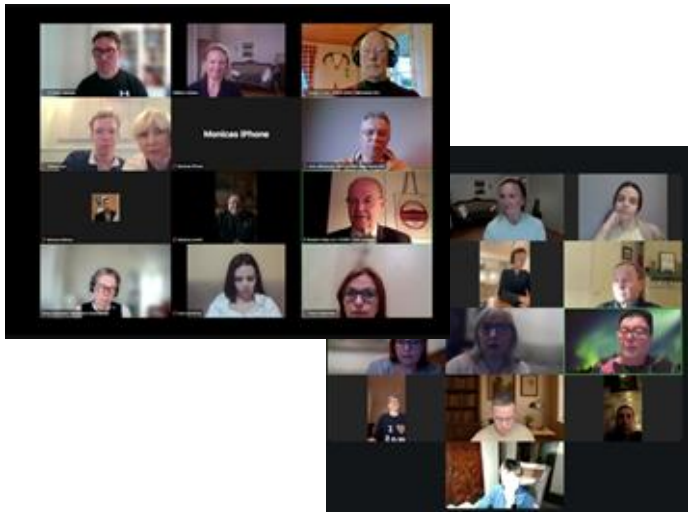




OUR ORIGINAL AMBITION

A project relevant in both wartime and peacetime

Rotary
Mariehamns Rotaryklubb
Distrikt1410



Communal Institution HUB VETERAN

Name: Taras Sasovskyi

Title: Director

Date: 30.1.2026

Medical Center for the Rehabilitation of Combatants of the Lutsk City Territorial Community

Name: Ihor Hnetnov

Title: Acting Director

Date: 30.1.2026

THE RIGHT PARTNERS

#strongertogether
#serviceaboveself

Rotary Club of Mariehamn – experience of Ukraine projects

Lutsk Volyn Pride – local presence and commitment in Ukraine

Municipal Rehabilitation Center – professional rehabilitation expertise

Communal Institution HUB VETERAN – professional rehabilitation expertise

Local districts and clubs in Sweden, Finland and Latvia – experience of Global Grants and support for Ukraine

The Rotary Foundation

ONE SECOND CHANGES EVERYTHING 1/3

Everything starts over

War does not end when the fighting moves elsewhere.

It continues in damaged nerves, lost mobility and untreated trauma.

It continues in the thousands of people who must relearn how to stand, how to move – and how to live.



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THE ROAD BACK 2 / 3

Standing up again

In Ukraine, the number of civilians and veterans living with neurological injuries and injuries affecting mobility and physical function continues to grow.

Rehabilitation is no longer a matter of individual need – it is a societal challenge requiring systematic action. Thousands of families are affected.



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STRONGER THAN BEFORE 3 / 3

Life prevails

With the right equipment and professional support, body and mind recover – step by step, day by day.

The healthcare professionals are there in Ukraine. So is the expertise.

What is missing is capacity.





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We seek maximum impact in Ukraine

REHA Ukraine is a medical rehabilitation project strengthening rehabilitation services in Lutsk, Ukraine, within Rotary's area of focus *Disease Prevention and Treatment*. The project combines appropriate rehabilitation equipment with structured professional support.

The equipment is integrated into existing municipal healthcare structures and established treatment protocols. All equipment is procured from Ukrainian suppliers, meets high international quality standards and can be manufactured and maintained locally, strengthening local expertise and operations.

The current need

Thousands of civilians and veterans live with severe physical and psychological injuries requiring long-term rehabilitation to regain function, independence and quality of life.

COMMON INJURIES

- Neurological injuries
- Amputations
- Spinal cord injuries
- Traumatic brain injuries

INTERVENTIONS

- Physiotherapy
- Occupational therapy
- Psychological support
- Specialised rehabilitation

Despite the strong commitment and high professional competence of Ukrainian healthcare staff, the rehabilitation system cannot meet rapidly growing demand – many facilities lack modern equipment, premises and resources.

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All the way back

What matters is not the number of hours – but the range of methods working together.

Physical rehabilitation

physio-, kinesio- & mechanotherapy · sports · swimming · hippotherapy

Psychological support

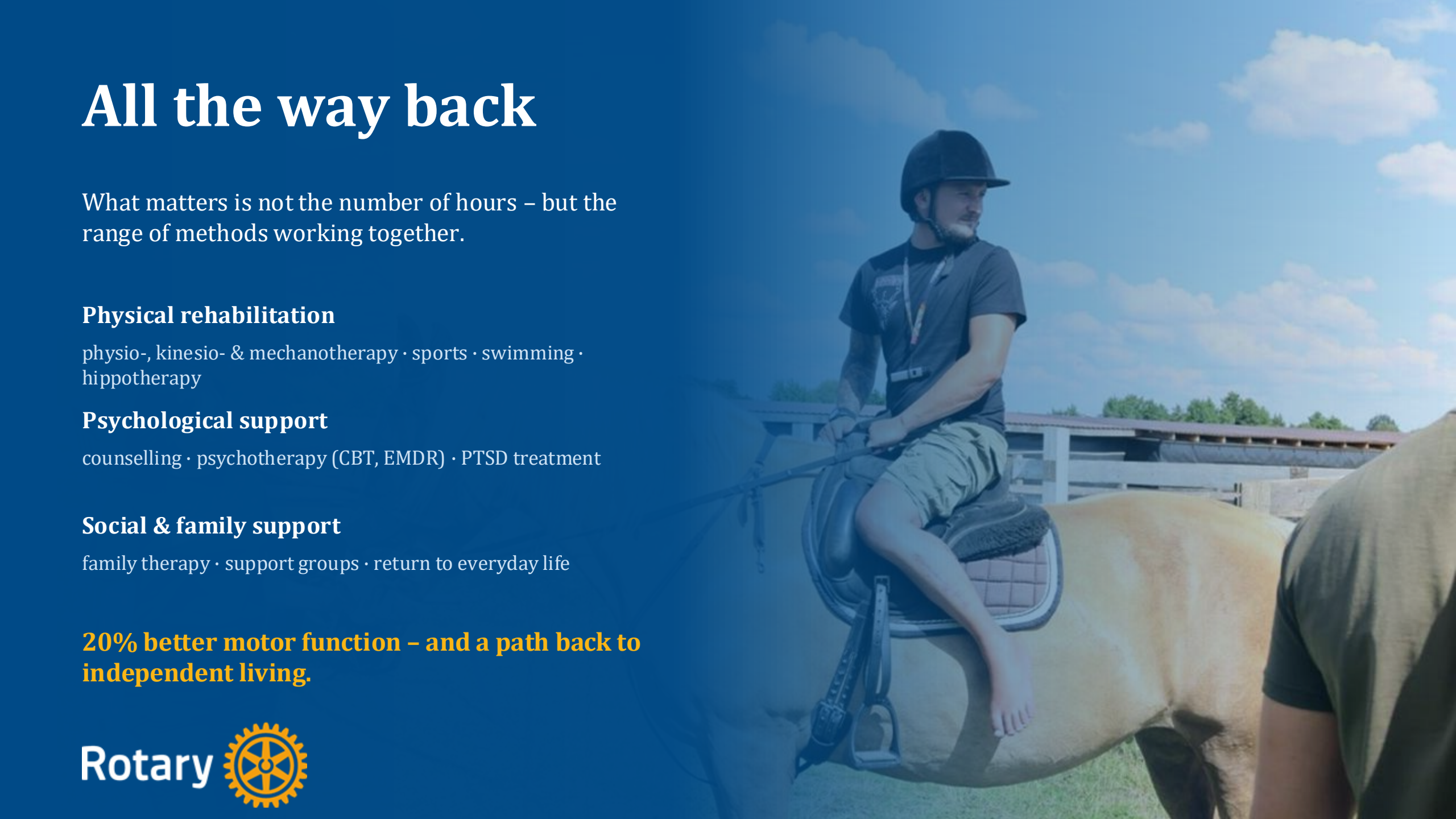
counselling · psychotherapy (CBT, EMDR) · PTSD treatment

Social & family support

family therapy · support groups · return to everyday life

20% better motor function – and a path back to independent living.

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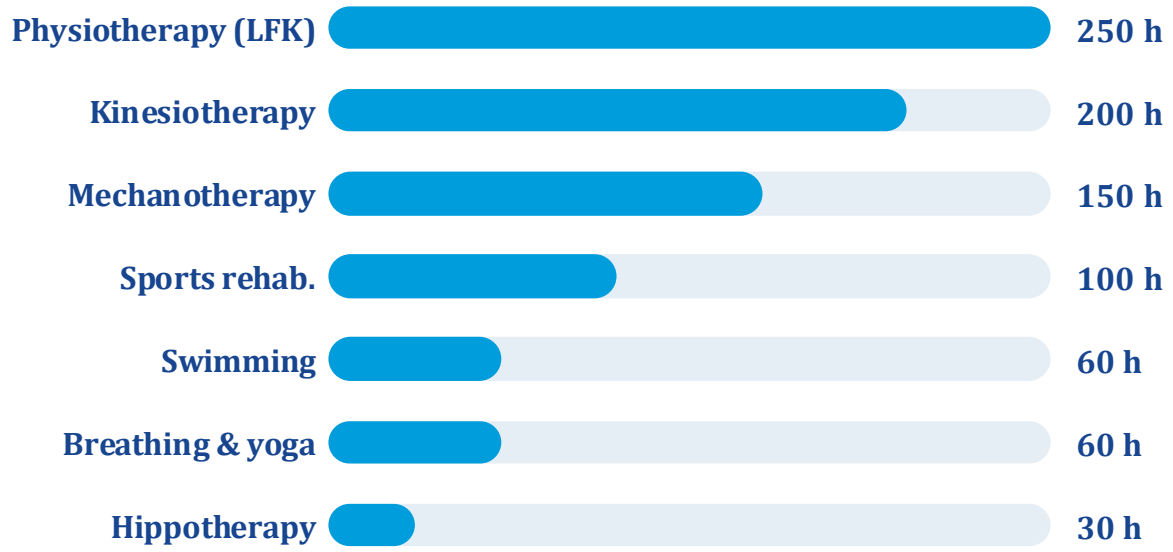


1,550 treatment hours

In addition to locally purchased rehabilitation equipment, the project funds specialised treatment hours – essential for ensuring that the equipment is used to its full potential.

TREATMENT HOURS BY INTERVENTION · PER YEAR

Physical rehabilitation – 850 hours / year



1 550 h

treatment hours per year (physical + psychological rehabilitation)

€38 000

therapy & psychological support (€18,000 + €20,000)

Equipment

CPM and gym equipment (FUSION PRO line) – purchased locally

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Monitoring and evaluation

Monitoring is carried out by the Municipal Rehabilitation Center and HUB VETERAN and coordinated by Lutsk Volyn Pride, with the Rotary Club of Mariehamn as initiator and lead partner for quality assurance and fundraising.

We measure: Reach & capacity

Healthcare and rehabilitation specialists trained

Healthcare facilities benefiting from the interventions

Local communities with improved access

We measure: Patients & outcomes

≥ 2,000 patients per year
(≥ 6,000 over three years

≤ 1,000 veterans per year throughHUB VETERAN)

≥ 20% better motor function (Box and Block Test)

We measure: Equipment & operations

All equipment in clinical use ≤ 3 months after delivery

Regular maintenance and servicing

Monitoring methods: surveys, operational statistics, clinical follow-up, and service and maintenance reports. The equipment is inspected upon delivery to the veteran centres by the Rotary Club of Lutsk Volyn Pride.

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The project's three phases

The project is implemented in three phases through three separate Global Grant applications to accelerate the process. The first phase is already underway, with equipment ordered and awaiting delivery. We now invite participation in the second – and largest – phase, REHA II. It includes both equipment and rehabilitation work. The third phase focuses on knowledge exchange.

2026

REHA I

Fully funded

$56 790

Rotary Districts 1410 (Åland and southwestern Finland), 2365, 2335, 2355 and 2405 (western and central Sweden, including the Stockholm region, southeastern Sweden and Latvia), the Rotary Clubs of Mariehamn, Nagu and Godby, and The Rotary Foundation's World Fund.

CURRENT

2026–2027

REHA II

IN PROGRESS

$131 980

Rotary District 1410 (Åland and southwestern Finland), the Rotary Clubs of Mariehamn, Nagu, Godby and Kluuvi-Gloet, and The Rotary Foundation's World Fund.

CURRENT

2027

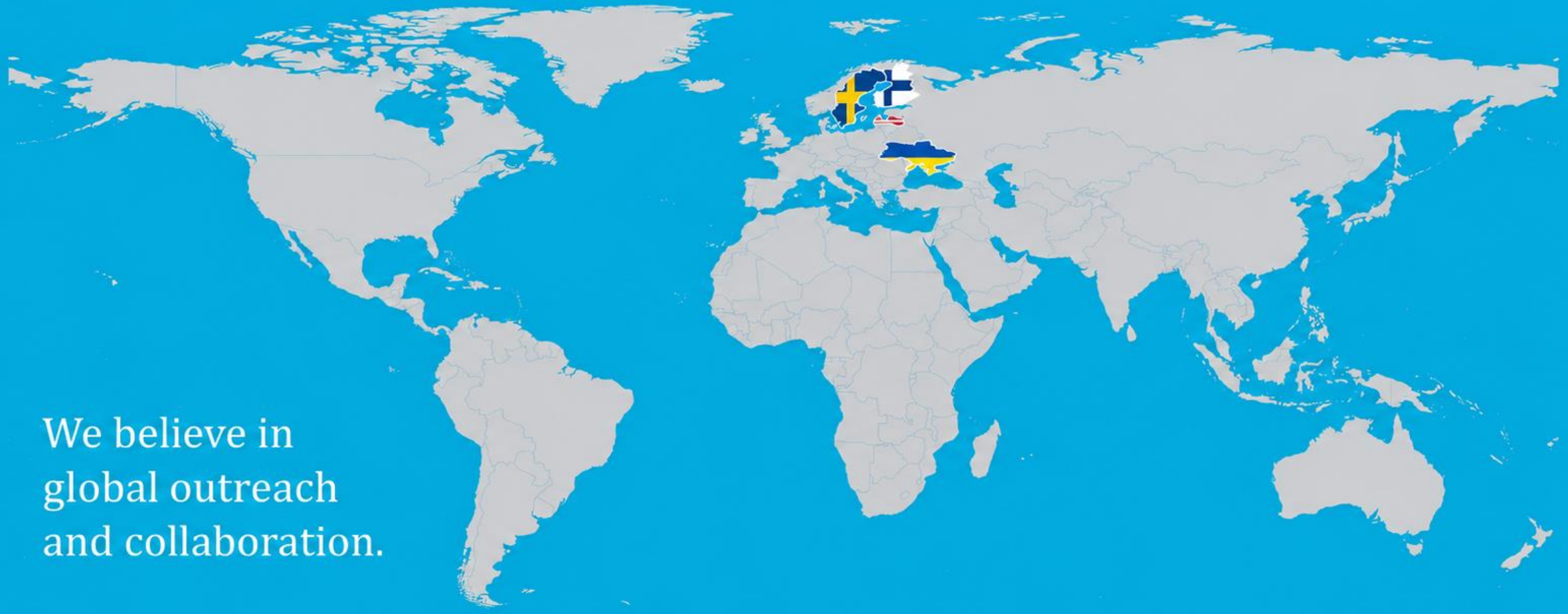
REHA III

Starts in 2027

$49 325

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TOWARDS A TRULY GLOBAL PROJECT



We believe in
global outreach
and collaboration.







YOU ARE WELCOME TO JOIN!

Funding contact: Rotary Club of Mariehamn Pia Widén pia.widen@aland.net
Project applications are available on MY ROTARY: REHA I: GG2692058 and REHA II: GG2694164
I would be happy to present the project online at your meeting!
Whenever possible, Viktor Pavlikha from the Lutsk club will also participate.