



**Rotary**  
Zones 15, 17 & 18



**BASRAN**  
Baltic Sea Action Network

# Experience a Baltic Sea Super Weekend in Helsinki!

**People of action will gather once again to celebrate the precious Baltic Sea. The super weekend is all about sharing knowledge about the current situation of the sea and its inhabitants, exchanging best practices on conservation, and raising funds while also having fun.**

## Littering in the Baltic Sea and its Shores

BASRAN 4th Seminar/Webinar, October 1, 2022, at 11.00-13.30 CET (at 12.00-14.30 EET)

Littering is a huge global problem that threatens human health and safety and has ecological and socioeconomic costs. BASRAN Seminar/Webinar covers the latest research findings and some of the programs and projects already put into practice by NGOs, Community groups and Rotarians.

### Keynotes

- Plastics and its impact on food chain and environment: The effects of microplastics on human health
- Consumer behaviour is the number one contributor of marine litter in the Baltic Sea
- Marine Litter Action Plan (EU and HELCOM)

### Showcases

- Germany: End Plastic Soup -projects in Germany
- Latvia: Rotaractors cleaning beaches
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- Finland: Rotary Clubs & Finnish Environment Institute SYKE/ Plastic research projects.
- Poland: PSR - Personal Social Responsibility
- Sweden: Rena Mälaren -project

### Attend live or on-line!

This time you can attend the BASRAN Seminar in two ways - through Zoom link or attending the Seminar in Helsinki.

Registration information and details at [www.basran.eu](http://www.basran.eu)

## Rowing for the Baltic Herring Event - Silakkasoutu

Sunday 2nd of October 2022  
at 9.00 – 15.30

Row to clean the Baltic Sea and refresh yourself! The rowing event for the benefit of the Baltic Sea will be rowed in long boats in Helsinki on Sunday 2nd of October 2022. Refresh and do good! Herring rowing is a relaxed and physical recreational event.

See more and registrate: [silakkasoutu.fi](http://silakkasoutu.fi)

Let's get together and work for the better future of the Baltic Sea!